



## MASSAGE CLIENT REGISTRATION

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_

Gender:  M  F

Date Of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Where do you work (what kind of work do you do?) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

### Medical History and Information

Check any or all that apply to your present health:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> headaches               | <input type="checkbox"/> chronic pain         | <input type="checkbox"/> varicose veins             |
| <input type="checkbox"/> vision problems         | <input type="checkbox"/> muscle or joint pain | <input type="checkbox"/> blood clots                |
| <input type="checkbox"/> sinus problems          | <input type="checkbox"/> numbness/tingling    | <input type="checkbox"/> high/low blood pressure    |
| <input type="checkbox"/> jaw pain/teeth grinding | <input type="checkbox"/> sprains/strains      | <input type="checkbox"/> diabetes                   |
| <input type="checkbox"/> fatigue                 | <input type="checkbox"/> scoliosis            | <input type="checkbox"/> cancer/tumors              |
| <input type="checkbox"/> depression              | <input type="checkbox"/> arthritis            | <input type="checkbox"/> infectious disease         |
| <input type="checkbox"/> sleep difficulties      | <input type="checkbox"/> tendonitis           | <input type="checkbox"/> skin problems or allergies |

Women only:  Pregnant  Painful menstruation  endometriosis

Other not listed \_\_\_\_\_

List all medications/herbs/vitamins and dosage: \_\_\_\_\_

What movements or activities are limited? (what aggravates it?) \_\_\_\_\_

Previous major injuries/surgeries: \_\_\_\_\_

What other treatments are you receiving and by whom: \_\_\_\_\_

### Massage Therapy Informed Consent

I, \_\_\_\_\_, (client) understand that massage therapy is intended to enhance relaxation, reduce pain caused by muscle tension. It has the potential to increase range of motion, improve circulation and offer a positive experience of touch. The general benefits of massage, possible massage contraindications and the treatment procedure have been explained to me. I understand that massage therapy is not a substitute for medical treatment or medications. I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications, and that spinal manipulations are not part of massage therapy. I have informed the massage therapist of all my known physical conditions, medical conditions and medications, and I will keep the massage therapist updated on any changes. I understand that there shall be no liability on the practitioner's part due to my forgetting to relay any pertinent information. If I experience any pain or discomfort during the session, I will immediately communicate that to the therapist so the treatment can be adjusted. I have reviewed the therapist's policies, and I understand them and agree to abide by them. I acknowledge that any treatment can contain risks and I assume those risks.

Client Signature

Date

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